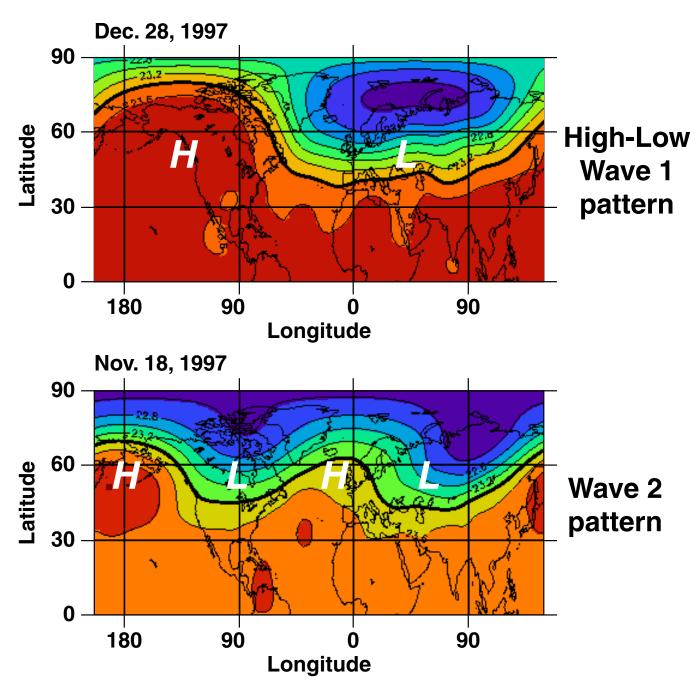
30 mb Geopotential Height



As we move from east to west, we observe high-low structures. A single high-low structure is a wave 1 pattern, while 2 high-low structures are a wave 2 pattern. Winds tend to follow along a line of constant geopotential. The units used here are geopotential kilometers.